



Be

a member

MEMBERSHIP BENEFITS

- Unlimited access to the gym, including all cardio, resistance equipment and free weights
- Complete choice of all exercise and relaxation classes, simply book over the phone or in person to reserve your spot
- Complimentary Induction and Fitness Profile with a Fitness Coach
- Unlimited use of all spa facilities and relaxation areas
- Invitations to all members' only events
- Four guest passes per year
- Fitness programme reviews with a Fitness Coach
- Special members bed and breakfast accommodation rate*
- Towels and robes each visit
- A personal Training session
- A Health MOT
- 10% discount on all spend in the hotel:
 - food and beverage
 - salon services except colour treatments and hair extensions
 - retail areas
 - spa treatments
 - spa days
 - hotel stays

*7 days a week, subject to availability

MEMBERSHIP PACKAGE	JOINING FEE	PAY MONTHLY	PAY ANNUALLY
HOUSE MEMBER	£99	£119	£1309

- If you pay annually you receive 1 month free